

Overall			Bike and Run				
Place	Bib	Name	Swim Time	Bike Time	Run Time	Time	Total Time
1	167	HEITMAN, Matthew	0:06:11	28:29.5	0:21:06	49:35.5	0:55:47
2	299	CHEYETTE, Daniel	0:08:04	28:38.0	0:21:07	49:45.4	0:57:49
3	154	CLEMETSON, Scott	0:09:30	29:08.2	0:20:18	49:26.1	0:58:56
4	196	TITZEL, Shannon	0:05:30	28:45.4	0:25:21	54:06.6	0:59:37
5	111	HAWKINS, Joseph	0:07:30	30:08.2	0:23:11	53:19.2	1:00:49
6	278	SMITH, Kristy	0:09:34	32:27.3	0:19:49	52:16.7	1:01:51
7	195	SMITH, Bob	0:07:38	28:23.3	0:26:13	54:36.7	1:02:14
8	230	MILLARD, Renee	0:07:06	31:07.7	0:24:40	55:47.5	1:02:54
9	121	DONAHUE, Jessie	0:08:10	29:06.6	0:25:37	54:44.0	1:02:54
10	116	DEKRUIF, Kristian	0:08:36	31:15.6	0:23:42	54:57.6	1:03:34
11	175	MALAPANIS, Aaron	0:08:47	29:20.7	0:25:43	55:04.0	1:03:51
12	148	BOURQUIN, Caroline	0:07:30	30:28.7	0:26:13	56:41.5	1:04:12
13	239	TEEPLE, Sam	0:06:42	36:11.7	0:22:12	58:23.6	1:05:06
14	174	JONES, Doni	0:09:08	29:13.8	0:26:53	56:06.4	1:05:14
15	329	KENNEY, Tricia	0:08:22	32:28.7	0:24:28	56:57.0	1:05:19
16	204	ANDERSON, Brian	0:09:11	28:59.2	0:27:15	56:14.0	1:05:25
17	231	HOGGE, Heather	0:09:48	31:36.7	0:24:02	55:38.2	1:05:26
18	186	PESSETTO, Scott	0:08:30	32:56.9	0:24:13	57:09.5	1:05:40
19	199	VANASSE, Kyle	0:08:56	35:02.7	0:22:04	57:06.3	1:06:02
20	331	WINDERS, Pam	0:08:13	35:18.3	0:22:41	57:58.9	1:06:12
21	136	POPIEL, David	0:10:48	32:10.8	0:24:29	56:39.4	1:07:27
22	157	DAVISON, Alisa	0:07:16	34:10.8	0:26:41	1:00:52.1	1:08:08
23	122	HILL, Guinevere	0:06:55	34:36.0	0:26:52	1:01:27.5	1:08:23
24	164	FAY, Colin	0:07:43	30:53.8	0:29:47	1:00:40.4	1:08:23
25	207	SMITH, Atali	0:05:36	33:45.4	0:29:09	1:02:54.7	1:08:31
26	145	ADAMS, Sissy	0:07:05	32:42.3	0:28:49	1:01:31.0	1:08:36
27	109	ZINK, Traverse	0:11:28	31:24.4	0:25:55	57:19.1	1:08:47
28	124	FLAGG, Elaine	0:08:54	32:00.7	0:28:06	1:00:06.4	1:09:00
29	304	BILAFER, Alison	0:07:14	34:03.2	0:27:44	1:01:47.6	1:09:02
30	248	HUNTINGTON, Cedrik	0:07:21	34:57.8	0:26:50	1:01:48.3	1:09:09
31	153	CLEMETSON, Dianna	0:08:03	33:48.3	0:27:47	1:01:35.0	1:09:38
32	188	POTTS, Jody	0:07:33	34:21.4	0:27:50	1:02:11.8	1:09:45
33	166	HEBBE, Steven	0:07:55	35:38.6	0:26:20	1:01:58.3	1:09:53
34	115	HART, David	0:13:21	29:49.5	0:27:09	56:58.6	1:10:20
35	279	KETCHUM, Matt	0:07:29	38:50.7	0:24:05	1:02:56.1	1:10:25
36	284	CRONK, Chandice	0:09:54	39:32.3	0:21:19	1:00:51.3	1:10:45
37	276	WALDEN, Gail	0:11:30	33:36.2	0:25:40	59:16.3	1:10:46
38	183	PERRY, Kris	0:06:30	40:34.8	0:24:27	1:05:01.4	1:11:31
39	257	HALL, Robyn	0:08:08	38:33.3	0:24:58	1:03:31.4	1:11:39
40	119	MASSIE, Charity	0:12:31	32:27.7	0:26:57	59:24.5	1:11:56
41	318	HOLLANDER, Zaz	0:07:47	38:31.3	0:25:44	1:04:15.5	1:12:03

42	269	BOWKER, Maria	0:08:05	36:21.4	0:27:40	1:04:01.0	1:12:06
43	261	DE, John	0:09:46	34:52.0	0:27:31	1:02:23.3	1:12:09
44	140	BOWKER, Meghan	0:10:29	36:41.1	0:25:02	1:01:43.4	1:12:12
45	323	GINOCHIO, Krysten	0:07:27	36:34.6	0:28:37	1:05:11.6	1:12:39
46	110	ZINK, Anne	0:09:47	33:56.4	0:29:11	1:03:07.7	1:12:54
47	208	TURNAGE, Kelly	0:08:48	33:02.4	0:31:38	1:04:40.8	1:13:29
48	144	ALTENBURG, Becky	0:10:00	36:01.5	0:27:27	1:03:28.9	1:13:29
49	330	WARNER, Walt	0:11:07	37:38.2	0:25:14	1:02:51.8	1:13:59
50	237	HOLMAN, Matthew	0:08:41	37:14.0	0:28:26	1:05:39.7	1:14:21
51	309	ROSS, Jason	0:11:47	35:03.8	0:27:58	1:03:01.7	1:14:49
52	114	MILES, Jenny	0:09:30	36:11.8	0:29:13	1:05:25.1	1:14:55
53	165	GJERTSON, Gene	0:11:50	35:36.2	0:27:31	1:03:07.4	1:14:57
54	287	KOLSTAD, Stacey	0:11:37	33:51.2	0:29:36	1:03:27.0	1:15:04
55	102	HOLOHAN, Stacy	0:09:52	34:30.2	0:30:50	1:05:20.2	1:15:12
56	194	SCHOBER, Seth	0:11:12	35:32.9	0:28:52	1:04:24.5	1:15:37
57	123	HRONKIN, Jennifer	0:09:43	38:29.3	0:27:25	1:05:54.3	1:15:38
58	241	CHAPELLE, Suzanne	0:07:29	37:48.1	0:30:24	1:08:12.5	1:15:42
59	126	RAMIREZ, Emily	0:06:52	37:56.6	0:31:11	1:09:07.3	1:15:59
60	172	PARRISH, Karianne	0:10:28	34:51.4	0:30:44	1:05:35.9	1:16:04
61	162	ELNES, Scott	0:09:19	38:01.5	0:29:10	1:07:11.5	1:16:31
62	103	SNAVLEY, Heidi	0:09:31	34:29.9	0:32:41	1:07:11.1	1:16:43
63	179	MCNEIL, Robert	0:13:21	33:10.3	0:30:19	1:03:29.3	1:16:50
64	152	CLEMETSON, Alicia	0:10:55	36:40.3	0:29:21	1:06:01.5	1:16:57
65	235	KROON, Rachel	0:09:05	37:52.8	0:30:05	1:07:57.9	1:17:03
66	256	ARMSTRONG, Mark	0:10:11	34:25.9	0:32:35	1:07:01.3	1:17:12
67	268	GRAHAM, Paige	0:08:29	35:55.5	0:32:57	1:08:52.1	1:17:21
68	132	KELLEY, Kelly	0:07:41	36:42.2	0:33:06	1:09:48.4	1:17:29
69	315	NOWERS, Stephanie	0:08:42	37:47.7	0:31:04	1:08:51.7	1:17:34
70	108	BROWN, Aaron	0:10:34	41:14.8	0:25:47	1:07:02.2	1:17:36
71	147	BAKER, Jennifer	0:11:49	41:15.2	0:24:34	1:05:49.2	1:17:38
72	184	PARVIN, Jenny	0:09:31	36:39.2	0:31:52	1:08:31.0	1:18:02
73	163	FARIS, Jennifer	0:09:05	37:55.9	0:31:05	1:09:00.6	1:18:06
74	173	JOHNSON, Lindsay	0:10:08	36:36.4	0:31:40	1:08:16.6	1:18:25
75	214	SWEETSER, Heather	0:07:18	42:02.9	0:29:21	1:11:23.7	1:18:42
76	134	HOAGLAND, Jenni	0:10:28	40:37.6	0:27:46	1:08:23.7	1:18:52
77	177	MCDONNELL, Lauren	0:09:00	41:46.0	0:28:17	1:10:02.7	1:19:03
78	113	MILES, Dan	0:11:44	36:44.9	0:30:50	1:07:35.3	1:19:19
79	325	KUCHENOFF, Stephanie	0:08:03	39:37.3	0:31:45	1:11:22.8	1:19:26
80	281	PAULSON, Dawn	0:07:11	37:36.8	0:34:44	1:12:20.4	1:19:31
81	312	EGELUS, Julie	0:09:37	41:47.2	0:28:17	1:10:04.1	1:19:41
82	137	GRAHAM, Ann	0:11:54	37:35.0	0:30:13	1:07:47.6	1:19:42
83	294	SEWARD, Teri	0:08:34	40:22.2	0:30:48	1:11:10.1	1:19:44
84	274	KIRKPATRICK, Danielle	0:10:18	40:41.1	0:29:17	1:09:57.7	1:20:16

85	307	JOHNSON, Kate	0:09:23	39:15.8	0:31:38	1:10:54.0	1:20:17
86	178	MCNEIL, Bobbi	0:13:35	38:28.4	0:28:17	1:06:45.6	1:20:21
87	201	BRITTON, Bobby	0:09:24	37:32.4	0:33:34	1:11:06.5	1:20:31
88	249	BURLINGAME, Pamela	0:08:25	40:55.1	0:31:16	1:12:11.2	1:20:36
89	209	BARNETT, Lisa	0:10:06	40:15.2	0:30:25	1:10:40.0	1:20:46
90	128	HAMMERS, Kristin	0:11:09	39:50.6	0:29:59	1:09:49.6	1:20:59
91	328	WALLACE, Becky	0:11:41	39:44.6	0:29:52	1:09:37.0	1:21:18
92	192	SCHOBER, Kelsey	0:12:27	39:55.6	0:28:56	1:08:51.7	1:21:19
93	198	TROTZKE, Shauna	0:10:27	40:01.4	0:31:06	1:11:07.8	1:21:35
94	212	LEE, Cathy	0:10:27	41:03.1	0:30:26	1:11:28.9	1:21:56
95	255	ARMSTRONG, Claire	0:10:59	39:39.9	0:31:18	1:10:57.9	1:21:57
96	293	ELLINGTON, Madison	0:11:12	38:48.1	0:32:18	1:11:06.5	1:22:19
97	222	NEWMAN, Jared	0:13:05	38:12.9	0:31:16	1:09:29.3	1:22:34
98	112	GORE, Anne	0:08:29	35:58.1	0:38:14	1:14:12.0	1:22:41
99	205	ANDERSON, Keri	0:11:53	40:53.6	0:30:02	1:10:55.8	1:22:49
100	101	MELANDER, Karen	0:10:23	40:35.0	0:31:59	1:12:34.4	1:22:57
101	191	SANDOVAL, Stacy	0:12:01	37:31.6	0:33:36	1:11:07.7	1:23:09
102	270	MCCORMICK, Shelby	0:10:29	36:25.0	0:36:15	1:12:39.8	1:23:09
103	253	SMITH, Pam	0:10:05	38:19.0	0:34:53	1:13:12.4	1:23:17
104	277	MEIER, Karen	0:08:19	39:01.8	0:35:58	1:14:59.6	1:23:19
105	305	KELLER, Jamie	0:10:15	40:53.9	0:32:26	1:13:19.5	1:23:34
106	180	MODAFFARI, Roneille	0:12:42	37:56.5	0:33:01	1:10:57.1	1:23:39
107	285	LAWHEAD, Lena	0:09:37	42:00.7	0:32:14	1:14:15.1	1:23:52
108	259	SHREVES, Mary	0:09:29	39:11.2	0:35:13	1:14:24.2	1:23:53
109	232	JOHANSON, Brenda	0:08:43	42:37.9	0:32:34	1:15:12.3	1:23:55
110	314	PFEIFER, Misty	0:13:10	39:41.5	0:31:09	1:10:50.2	1:24:00
111	213	GORDON, Leslie	0:09:48	39:23.0	0:34:51	1:14:13.8	1:24:02
112	311	SIDELINGER, Shawn	0:11:44	42:36.0	0:29:44	1:12:20.3	1:24:04
113	303	COOLEY, Kim	0:08:39	40:20.9	0:35:04	1:15:25.4	1:24:04
114	206	NORDSTROM, Alechia	0:09:07	40:15.1	0:34:51	1:15:06.4	1:24:13
115	290	CAMPBELL, Francisco	0:18:02	40:12.2	0:26:14	1:06:25.7	1:24:28
116	251	BALLINGER, Jennifer	0:12:09	37:36.5	0:35:02	1:12:38.8	1:24:48
117	143	JONES, Steph	0:10:19	42:51.9	0:31:39	1:14:30.7	1:24:50
118	129	JOHNSON, Danielle	0:13:17	39:17.8	0:32:44	1:12:01.7	1:25:19
119	106	FINLEY, Amber	0:09:12	37:31.5	0:38:38	1:16:09.2	1:25:21
120	223	NEWMAN, Michael	0:13:36	39:19.7	0:32:51	1:12:10.3	1:25:46
121	306	NUGENT, Jenny	0:09:58	48:27.0	0:27:22	1:15:49.4	1:25:48
122	216	CARNEY, Kim	0:12:54	42:13.8	0:30:42	1:12:55.4	1:25:49
123	271	MURRAY, Debbie	0:13:38	40:43.5	0:32:14	1:12:57.1	1:26:35
124	288	CAMPBELL, Amy	0:08:28	41:46.6	0:36:32	1:18:18.6	1:26:47
125	160	DICKEY, Paige	0:07:20	45:29.8	0:34:09	1:19:38.4	1:26:58
126	220	MCMANAMIN, Molly	0:09:09	41:27.3	0:36:32	1:17:59.8	1:27:09
127	243	HILL, Rosemary	0:11:16	40:51.8	0:35:04	1:15:55.6	1:27:12

128	275	LORUSSO, Diane	0:10:15	40:58.7	0:36:07	1:17:05.5	1:27:21
129	210	BARNETT, Meghan	0:09:48	45:36.1	0:32:06	1:17:42.3	1:27:30
130	258	KEMP, Deborah	0:11:09	41:45.6	0:34:36	1:16:22.1	1:27:31
131	181	NELLES, Heather	0:10:29	38:49.5	0:38:15	1:17:04.2	1:27:33
132	197	TRAILER, Kay	0:14:53	42:05.9	0:30:49	1:12:54.9	1:27:48
133	221	NEWMAN, Derek	0:16:00	37:21.0	0:34:44	1:12:04.8	1:28:05
134	301	RUSSELL, Mary	0:11:24	44:04.3	0:32:38	1:16:42.0	1:28:06
135	185	PESSETTO, Leslie	0:11:06	42:11.1	0:35:03	1:17:13.7	1:28:20
136	182	NOVAKOVICH, Teresa	0:11:55	44:47.9	0:31:40	1:16:27.7	1:28:23
137	146	BAILEY, Jessica	0:10:38	43:45.4	0:34:07	1:17:52.1	1:28:30
138	159	DICKEY, Dana	0:13:54	40:12.2	0:34:34	1:14:45.8	1:28:40
139	300	HOAGLAND, Jeremy	0:13:41	45:50.7	0:29:13	1:15:03.5	1:28:45
140	176	MALOUF, Erica	0:12:03	41:05.8	0:35:40	1:16:45.7	1:28:49
141	135	POPIEL, Jessica	0:10:14	43:28.4	0:35:11	1:18:39.4	1:28:53
142	246	GOODALE, Sandra	0:09:54	41:54.0	0:37:08	1:19:02.4	1:28:56
143	242	MARTINEZ, Jessica	0:12:19	40:44.6	0:36:14	1:16:58.7	1:29:18
144	117	SMITH, Barb	0:10:08	38:52.8	0:40:43	1:19:36.2	1:29:44
145	265	CHURCH, Bonnie	0:07:58	45:50.4	0:35:57	1:21:47.6	1:29:46
146	308	LEE, Charla	0:11:27	36:47.1	0:42:01	1:18:47.9	1:30:15
147	151	CLARK, Haley	0:10:08	37:52.6	0:42:46	1:20:38.5	1:30:46
148	200	WINDLESS, Hannah	0:14:22	41:43.5	0:34:58	1:16:41.6	1:31:04
149	250	MCCOY, Stephanie	0:13:40	42:51.2	0:34:40	1:17:30.9	1:31:11
150	282	AULT, Sandra	0:09:09	41:59.0	0:40:04	1:22:03.1	1:31:12
151	245	HOLLER, Misty	0:09:00	45:16.4	0:37:05	1:22:21.2	1:31:21
152	292	JAMES, Genista	0:14:00	40:06.6	0:37:47	1:17:53.7	1:31:54
153	130	MORSE, Rory	0:10:41	45:27.3	0:35:50	1:21:17.7	1:31:59
154	233	LORD, Kristine	0:10:21	43:04.3	0:38:34	1:21:37.9	1:31:59
155	262	JOHNSON, Mandy	0:14:35	44:49.6	0:32:58	1:17:47.4	1:32:22
156	142	CONRAD, John	0:13:40	42:11.8	0:36:55	1:19:06.5	1:32:46
157	234	HUNTINGTON, Brent	0:12:34	42:06.1	0:38:09	1:20:15.0	1:32:49
158	295	HALLFORD, Lynn	0:15:55	36:37.7	0:40:22	1:16:59.9	1:32:55
159	283	CRONK, Ashlee	0:15:48	43:17.8	0:33:53	1:17:10.4	1:32:58
160	202	GILLAM, Jason	0:12:30	43:22.9	0:37:07	1:20:29.7	1:33:00
161	252	HIBMA, Lindsey	0:11:13	43:29.9	0:38:27	1:21:56.6	1:33:10
162	317	LACKEY, Rhonda	0:09:54	43:26.6	0:39:59	1:23:25.9	1:33:20
163	267	WOOLCOTT, Kelly	0:08:46	42:15.2	0:42:25	1:24:39.9	1:33:26
164	190	RICKARDS, Marne	0:11:12	40:18.3	0:42:13	1:22:31.6	1:33:44
165	266	JONROWE, DeeDee	0:11:45	46:49.1	0:36:01	1:22:50.2	1:34:35
166	297	WHITON, Susan	0:12:28	43:16.8	0:38:57	1:22:13.8	1:34:42
167	217	KOIVANEN, Polly	0:11:59	43:32.7	0:39:31	1:23:03.7	1:35:02
168	224	CLARK-NEWMAN, Terrie	0:14:47	42:17.2	0:38:27	1:20:44.2	1:35:31
169	238	BAUER, Suzy	0:13:35	51:11.0	0:31:25	1:22:36.3	1:36:11
170	131	JONES, Leah	0:11:45	44:23.4	0:40:30	1:24:53.5	1:36:38

171	228	HUDSON, Jennifer	0:11:34	44:16.2	0:40:59	1:25:14.7	1:36:49
172	189	RAYNES, Maria	0:12:18	44:46.1	0:40:11	1:24:57.5	1:37:15
173	193	SCHOBBER, Rich	0:21:20	41:29.7	0:34:51	1:16:21.0	1:37:41
174	263	HERRELL, Nathalie	0:12:56	51:48.6	0:33:07	1:24:56.0	1:37:52
175	203	GILLAM, Sarah	0:17:43	43:08.7	0:37:24	1:20:33.0	1:38:16
176	319	ELLIS, Stacey	0:13:57	47:53.0	0:36:33	1:24:26.1	1:38:23
177	327	SANDERS, Traci	0:14:00	42:54.8	0:42:03	1:24:57.5	1:38:57
178	118	AMES, Rebecca	0:11:11	44:51.0	0:43:19	1:28:09.7	1:39:21
179	321	STEWART, Rio	0:13:52	43:32.8	0:42:33	1:26:06.3	1:39:58
180	320	GARDINO, Adriana	0:08:21	49:48.1	0:42:41	1:32:28.9	1:40:50
181	218	HRONKIN-SWIFT, Christy	0:11:30	42:00.5	0:47:25	1:29:25.2	1:40:55
182	289	ADAIR, Daniel	0:12:49	52:45.6	0:35:34	1:28:19.5	1:41:09
183	149	CALLAGHAN, Patricia	0:17:48	42:39.0	0:40:54	1:23:33.1	1:41:21
184	141	CONRAD, Trisha	0:22:50	44:23.3	0:35:09	1:19:32.6	1:42:23
185	104	MCDOWELL, Jolene	0:10:46	49:09.9	0:43:30	1:32:39.9	1:43:26
186	272	CARTER, Rachelle	0:10:53	53:15.8	0:42:18	1:35:33.6	1:46:27
187	310	VALDEZ, Nicole	0:12:21	52:30.1	0:45:00	1:37:30.3	1:49:51
188	229	GUNDERSON, Jessica	0:10:26	51:23.3	0:49:27	1:40:50.5	1:51:16
189	211	LARSON, Andrea	0:09:36	56:27.9	0:45:51	1:42:18.6	1:51:55
190	169	HOLLAND, Brianna	0:10:09	53:07.5	0:50:14	1:43:21.8	1:53:31
191	127	COWAN, Dawn	0:14:24	46:40.6	0:53:42	1:40:23.1	1:54:47
192	120	BURNETT, Nancy	0:11:23	52:54.7	0:50:32	1:43:27.2	1:54:50
193	170	HOLLAND, Monique	0:12:23	53:10.6	0:50:14	1:43:24.8	1:55:48
194	161	EDWARDS, Sarah	0:20:21	58:47.2	0:36:49	1:35:35.8	1:55:57
195	158	DELANEY, Elyse	0:13:19	1:14:55.5	0:33:28	1:48:23.4	2:01:42
196	155	COLLINS, Madison	0:13:03	1:10:58.8	0:42:57	1:53:56.2	2:06:59
197	322	RAMSTAD, Diana	0:18:53	59:21.0	0:52:46	1:52:07.1	2:11:00
198	227	MERRILL, Kellie	0:15:15	1:22:53.8	0:44:49	2:07:43.0	2:22:58